The friends we have made traveling to Honduras in recent years have the same basic needs we have, but their expectation for basic healthcare falls on us. They didn't have medical care, and we built clinics and provided it. Now, our challenge is to keep it going. Our clinics treat 10,000 Hondurans each year, and without them, there would be no ongoing medical care.
If you are traveling with a group to the Ranch and can pack items in your luggage for the clinic, please see the list below for medications that are needed most.

This list is updated frequently. Please call the Atlanta office prior to your trip for a list of the most needed medications. Medical supplies and pharmaceuticals that will be imported as donations into Honduras must be registered with customs officials and the Ministry of Health. Failure to register pharmaceuticals could result in confiscation or delayed passage through Honduran Customs. The form to be completed is in the Trip Leaders' Guide.

Analgesics, antipyretics (pediatric and adult doses)
Acetominiphen: suspension and tablets
Ibuprofen: suspension and tablets
Indomethacin
Aspirin
Naproxen Sodium (*Aleve)*

Antibiotics
Ampicillin: suspension and tablets (capsules)
Tetracycline: suspension and tablets
Erythromycin: suspension and tablets
Various sulfa preparations, e.g., Gantrisin, Bactrim, Septra

Antacids
Mylanta
Tums
Prevacid
Protonix
Prilosec
Nexium

Antihypertensive
Aldomet
Hydrochlorothiazide
Propranolol
Altace or generic forms of similar drugs

Anti-seizure drugs
Phenobarbital
Dilantin

Vitamins / Iron Preparations
Prenatal vitamins with iron
Folic Acid

Fish oil
Pediatric vitamin suspensions
Any form of multivitamins and / or iron preparations

Others

Chlorpheniramine (*Chlortrimeton)*
Loperamide *(Imodium)*
Albuterol
Allegra
Singulair
Robitussin
Aloe Vera lotion
Laxative